

## **PROFESSIONAL TRAINING AND DEVELOPMENT**

### **Accelerated Experiential Dynamic Psychotherapy (AEDP)**

- 2011 Core Training, Seattle – 10 Days
- 2014 Immersion Training, Vancouver – 5 Days

### **Hypnosis**

- 1987 Ericksonian Hypnosis Seminar - Ernest Rossi, Ph.D., Vancouver
- 1983 Hypnotherapy client and student of David Cheek, M.D.
- 1983 Ericksonian Hypnosis - Three-day Professional Training - Meta Training Institute - Steve Gilligan, Ph.D.
- 1982 Ericksonian Hypnosis - Three-day Professional Training - Meta Training Institute - Steve Gilligan, Ph.D. and Paul Carter, Ph.D.
- 1982 Attended 1982 Ericksonian Conference, San Francisco, California
- 1981 Ericksonian Hypnosis - Five-day Professional Training - Meta Training Institute - Steve Gilligan, Ph.D. and Paul Carter, Ph.D.
- 1970 Certified by Gracie Hypnosis Institute of New York

### **Group Dynamics/Sensitivity Training**

- 1982 Tavistock Institute – USA – 5 Days
- 1969 - 1975 Group Processes – 3-5 day training seminars, Portland, Oregon and winter in residence at Esalen Institute, Big Sur, California

### **Gestalt Therapy**

- 1999 Gestalt Institute of San Diego - Training for Trainers, Erv and Miriam Polster, Ph.D. – 1 week
- 1994 Gestalt Institute of San Diego - Leading Edges in Gestalt Therapy, Erv and Miriam Polster, Ph.D. – 1 week
- 1975 - 1977 Graduate of the Gestalt Institute of San Diego Training Program - Erv and Miriam Polster, Ph.D. and Jim Simpkin, M.D. – monthly modules
- 1972 - 1974 Weekend trainings - Lee Fine, Ph.D., Erv Polster, Ph.D., Jim Simkin, Ph.D., Laura Perls, Ph.D. and Teddy Lyons
- 1971 Month long training - Gestalt Institute of Canada  
Month long training - Esalen Institute

1970 Group Processes Seminars - Weekend Workshops with Lee Fine, Ph.D.,  
Nome, U.S.A.

### **Psychodrama**

1970 - 1973 Group Processes Seminars - Beginning through Advanced Professional  
Training - Lee Fine, Ph.D. – 5 day modules

### **Mind-Body Trainings**

2003 Three day Cranio-Sacral Training – Howard Jones

2003 One day Anatomy Training

1998 - 1999 Two Year Cranio-Sacral, Visceral and Biomechanics Training - Drs. A.  
Gehin and Claudia Kohn

1995 - 1999 Advanced Bodydynamic Analysis Training-certified Bodydynamic Analyst

1995 - 1999 Advanced Bodydynamic Analysis Training

1993 - 1995 Trainer in Training - Bodydynamic Analysis

1988 - 1993 Bodydynamics Analysis - Graduate of one year and four year training  
program

1982 - 1983 Birth and Biological Basis of Bonding, Invitational Seminar, Esalen Institute

1974 - 1980 Reichian Internship - Peter Levine, Ph.D. (Medical Biophysics), Ph.D.  
(Psychology), Consultant to NASA, developer of Somatic Experiencing®

1974 Psychophysical Integration Training - Week long - Milton Trager, M.D.

1973 Polarity Therapy - Weekend training with Paul Panniter

1972 - 1982 Healing Methods - Studied with several senior teachers of healing methods  
in Buddhist, Christian and Indian traditions

1972 - 1980 Reichian and Somatic Experiencing® Therapy Training - Peter Levine,  
Ph.D.

1969 - 1970 Internship Esalen Institute – 5 months

### **Family Therapy Training - Pacific Coast Family Therapy Institute, Vancouver, B.C.**

1999 - 2000 Supervision and Instructor Advanced Theory and Practice

1992 - 1995 Supervision of 2nd Year Students

1992 - 1994 Supervision of Supervision Group

1990 - 1991 Advanced internship with Dr. David Freeman & Dr. Judith Anastasia

1987 - 1990 Completed a two year training program in Family Systems

## **Focusing**

1982 Graduate of Focusing Training E. Gendlin, Ph.D. - Certified Teacher of Focusing

## **Eye Movement Desensitization Reprocessing (EMDR)**

2003 Strengthen the Self Training Level II  
2001 Strengthen the Self Training – two day  
2000 Presentation at EMDRIA Northwest Conference  
1996 Presentation at EMDR International Conference - Somatic Approaches for EMDR Processing  
1994 EMDR - Eye Movement Desensitizing and Reprocessing Levels I and II

## **Neurofeedback Training**

2008 Research on Neurofeedback – 5 days  
2004 Neurofeedback Immersive – 5 days  
2003 Neurofeedback Advanced Training – 5 days  
2002 - 2003 Neurofeedback Intensive Seminars four – 3 Day Trainings  
2001 Neurofeedback Technical Certificate, Vancouver  
2001 Neurofeedback Training, Minneapolis – 3 Days

## **Neurolinguistic Programming (NLP)**

2003 NCP Business Consulting and Modelling – U.C. Santa Cruz – 5 days  
1988 Master Track - Submodalities Training, Vancouver – Certified – 4 days  
1984 Assisted at 21 day Programmer Course, Seattle  
1983 Assisted at 21 day Programmer Course, California  
1983 Metaphor Training - David Gordon, M.A., Vancouver – 2 days  
1983 Master Programming Course - NLP Centre for Advanced Studies, Tiberon, California – Certified – 21 days  
1982 Programmer Course - NLP Centre for Advanced Studies, Tiberon, California – Certified – 21 days  
1982 Dynamic Learning Seminar - Robert Dilts -5 days

### **Thought Field Therapy (TFT)**

2002 Thought Field Therapy Certificate

### **Somatic Experiencing®**

2017 – Present Somatic Experiencing Practitioner

2014 – 2018 Assisted Somatic Experiencing Master Classes with Dr. Peter Levine

Late 1970's - 1980's Co-Taught Somatic Experiencing with Dr. Peter Levine

### **System for Analyzing Verbal Interactions® (SAVI)**

2015 SAVI® Conference

2010 - 2015 Various Training Workshops

2010 Patterns not People, Philadelphia – 5 days

2008 - present Trainer Track

### **Systems Centered Training (SCT)**

2014 Annual Training Conference, San Francisco – 7 days

2013 Annual Training Conference, San Francisco – 7 days

2010 Annual Training Conference, Chicago – 7 days

2009 Annual Training Conference, San Francisco – 7 days

2008 – present Northwest Trainings, Everett, Washington – 1 day each

2008 – 2009 Studies in the System For Analyzing Verbal Interaction

2008 Authority Issue Group, Philadelphia – 6 days

2008 Authority Issue Group – University of York – 6 days

2008 – 2008 Intermediate 3 Year Training Group

2007 Authority Issue Group, Boston – 7 days

2007 Annual Training Conference, Boston – 7 Days

2007 Mentor Training Group, Philadelphia – 5 days

2006 Attachment Training, University of York (U.K.) – 2 days

2006 Advanced Attachment Group Training, University of York – 5 days

2006 Advanced Group Training, San Francisco – 18 days

2006	Group Training, Whidbey Island – 1 day
2006	Annual Training Conference, Boston – 7 days
2005	Annual Training Conference, Atlanta - 7 days
2004	Intermediate Training, University of York, U.K.
2004	Annual Training Conference, Atlanta – 7 days
2003	Attunement & Attachment – 2 days
2003	Foundation Training, University of York, UK – 5 days
2003	Couples Therapy, Atlanta – 2 days
2003	Organizational Consulting, Atlanta – 2 days
2002	Annual Training Conference, Philadelphia – 7 days

### **PROFESSIONAL ASSOCIATION**

Ergos Institute for Somatic Education – Levine Legacy Faculty, Co-Teaching Master Classes

Family Firm Institute, U.S.A.

BC Association of Clinical Counselling

Canadian Association of Family Enterprise

STEP – Associate Member

### **PROFESSIONAL DESIGNATIONS**

Fellow – Family Firm Institute

Fellow – International Systems Institute

Ph.D. – Human Science

M.B.A. – Masters in Business Administration

R.C.C. – Registered Clinical Counsellor

FEA – Family Enterprise Advisor

ACFBA – Family Business Advising (Family Firm Institute)

ACFWA – Family Wealth Advising (Family Firm Institute)

CFBF – Certificate in Family Business Facilitation (CAFÉ)

CFBA – Family Business Advising (Family Firm Institute)

CFWA – Family Wealth Advising (Family Firm Institute)

F.R.I. – Fellow of the Real Estate Institute of Canada

R.I. – Real Estate Institute of B.C.

## **PROFESSIONAL & COMMUNITY ACTIVITIES**

- 1998-Present Director PACE Centre for Children and Families
- 1988-Present Director, Bodydynamics Canada Inc.
- 2007-2010 Member of the Professional Advisory Committee Business Family Centre, Sauder School of Business, U.B.C.
- 1999-2001 President of PACE Society of Children and Family
- 1996-1998 President of the Pacific Coast Family Systems Therapy Training Association
- 1991-2012 B.C Association of Clinical Counsellors